

Preparing for Post-COVID-19 Operations: Healthcare Practices

In response to the coronavirus disease 2019 (COVID-19) pandemic, many healthcare providers have temporarily closed their office practices or significantly reduced in-office services. In the weeks and months to come, as the pandemic begins to recede, providers will likely have questions about how best to reopen. The unprecedented nature of the COVID-19 outbreak might make navigating this process confusing and stressful.

MedPro Group (MedPro) and MLMIC Insurance Company (MLMIC) wish to offer guidance and important actions to consider as you develop your reopening strategy. Although this checklist is not all-inclusive, and practices vary, the information in this document provides a roadmap that you can use as you progress toward reopening and evaluating lessons learned as a result of the pandemic.

MedPro and MLMIC remain steadfast in our commitment to supporting insureds through this difficult time. Please contact us at 1-800-463-3776 (MedPro) or 1-800-275-6564 (MLMIC) with any questions or concerns.

Preparing to Reopen

Offer condolences to families of patients and staff who died as a result of the COVID-19 pandemic.	<input type="checkbox"/>
Confirm with local public health officials that permitting patient office visits beyond emergencies is advisable.	<input type="checkbox"/>
Assess local hospital, specialty care, home care, pharmacy, and durable medical equipment service readiness.	<input type="checkbox"/>

Check for updated information from the Centers for Disease Control and Prevention (CDC) , Occupational Health and Safety Administration (OSHA) , Centers for Medicare & Medicaid Services (CMS) , and other authoritative and regulatory agencies on a daily basis for updated recommendations.	<input type="checkbox"/>
Notify your professional liability carrier about changes to practice (e.g., resuming full-time service, returning to original scope of practice, or permanently adding telehealth services).	<input type="checkbox"/>
Contact OSHA authorities for mandatory reporting of employee exposure to COVID-19 that results in a positive test. See OSHA's Enforcement Guidance for Recording Cases of Coronavirus Disease 2019 (COVID-19) .	<input type="checkbox"/>
Consult with accountants and financial advisors in regards to loans, advance payments, and other healthcare practice financial programs.	<input type="checkbox"/>
Review changes to billing procedures and billing codes for health insurance plans that the practice accepts.	<input type="checkbox"/>
Confirm readiness of office support service providers (e.g., regular cleaning crew, laundry service, specimen collection, and lab analysis).	<input type="checkbox"/>
Establish employee screening processes for COVID-19 (including guidance for self-monitoring for symptoms), and follow CDC guidelines regarding assessment of staff eligibility to return to work.	<input type="checkbox"/>
Ensure that the office has sufficient personal protective equipment (PPE) to allow staff to perform their job functions in a safe manner.	<input type="checkbox"/>
Establish one-way ingress/egress routes for office visits, if possible.	<input type="checkbox"/>
Create a telephone triage process to prioritize patients' needs for office visits.	<input type="checkbox"/>
Establish a triage system for patients who require office visits. Prioritize appointments for patients who have the lowest risk of COVID-19 and have the greatest clinical care needs.	<input type="checkbox"/>
Establish patient screening processes for COVID-19. Plan to maintain telehealth appointments for any symptomatic patients until they are well for at least 2 weeks.	<input type="checkbox"/>

Tailor your telehealth practice to evolving guidelines from the Office of Inspector General, U.S. Department of Health and Human Services.	<input type="checkbox"/>
<i>Preparing the Office for Patients</i>	
<i>Testing and Maintenance</i>	
Run tests on the office fire and security alarm systems prior to opening the office to ensure they are functioning normally. Notify your central station monitoring company prior to the tests.	<input type="checkbox"/>
Ensure exit signs, smoke detectors, sprinklers, and fire extinguishers are in good working condition according to local fire codes.	<input type="checkbox"/>
Ensure information technology (IT) systems are fully functional and that your electronic health record (EHR) system and office were secure during closure: <ul style="list-style-type: none"> • Be aware of increased cyberattacks as a result of hackers trying to take advantage of this crisis. • Run a scan on all electronic systems to ensure no breaches have taken place during this crisis. 	<input type="checkbox"/>
Consider upgrades or enhancements to your EHR system based on your experience during the closure.	<input type="checkbox"/>
<i>Disaster Management</i>	
Review the practice's disaster/emergency plan in light of your pandemic response and revise as needed: <ul style="list-style-type: none"> • Perform a debrief/review of how the crisis was handled. • Document what went well and potential areas for improvement. • Consider adjustments to normal office processes based on lessons learned. 	<input type="checkbox"/>
Evaluate whether your office is prepared to handle a second wave of COVID-19 infections: <ul style="list-style-type: none"> • Determine whether the medications that the practice uses are available. • Identify whether a patient prioritization and communication plan is in place. • Communicate pertinent plans with all staff members as soon as possible. 	<input type="checkbox"/>

Consider modifications to the office practice physical plant (e.g., adding a dirty utility room, second exit, or another restroom; evaluating sterilized vs. disposable tools/supplies; etc.) and develop a plan for updates.	<input type="checkbox"/>
<i>Infection Control</i>	
Review CDC's guidance for cleaning and disinfecting your facility , and properly sanitize the office before reopening: <ul style="list-style-type: none"> • Review the cleaning vendor contract for expectations. • Identify the cleaning schedule moving forward. • Secure confidential materials. 	<input type="checkbox"/>
Follow CDC's return-to-work guidelines for healthcare workers.	<input type="checkbox"/>
Verify that returning employees are in good health, that they were not recently exposed to COVID-19, or that they have been appropriately quarantined before returning. For employees previously exposed to COVID-19: <ul style="list-style-type: none"> • Take their temperature upon entry to the office each day. No-touch thermometers are ideal. • Have the employees wear masks. • Maintain social distancing as necessary. Do not permit congregating in communal areas. 	<input type="checkbox"/>
Check credible resources, such as the CDC and your state's department of health, on a daily basis for new or revised infection prevention and control recommendations.	<input type="checkbox"/>
If possible, install engineering controls (e.g., plexiglass barriers) to reduce or eliminate exposure to infected individuals. Consider: <ul style="list-style-type: none"> • Laminating paper signage or placing signage in plastic sleeves for routine cleaning. • Adding automatic door openers and air curtains. • Replacing electrical switches with motion sensors, where practical. • Adding touchless faucets, flushometers, soap dispensers, and paper towel dispensers. 	<input type="checkbox"/>

<p>Re-educate staff on infection control protocols and any other essential practice policies/procedures, including:</p> <ul style="list-style-type: none"> • The use of PPE (e.g., donning and doffing techniques). • Hand hygiene (e.g., washing and avoiding face touching) and respiratory hygiene. • CDC-approved protocols for collecting, handling, and testing clinical specimens. 	<input type="checkbox"/>
Contact your medical waste management vendor to resume waste disposal services.	<input type="checkbox"/>
Human Resources/Staffing	
Address changes in provider staff due to retirement, death, disability, etc. This may result in modifying your patient roster or reviewing which services you can provide in the practice.	<input type="checkbox"/>
Identify whether any providers have decided to permanently limit their practice to part-time. Determine whether it is feasible to restart a full-time practice.	<input type="checkbox"/>
<p>Keep in mind that otherwise healthy providers and staff members may not yet be available to return to work:</p> <ul style="list-style-type: none"> • Consider the stress (personal and professional) they might be experiencing as a result of the pandemic and trying to return to their normal routines. • Consider their child care obligations, including the reopening of daycare centers and schools. 	<input type="checkbox"/>
Assess whether the practice can afford to rehire all employees and review available assistance (e.g., Small Business Administration loans or state loans/grants).	<input type="checkbox"/>
Ensure that you have sufficient clinical and nonclinical employees to properly staff the office.	<input type="checkbox"/>
Verify that clinical employees still have active licenses, registrations, and/or certificates.	<input type="checkbox"/>
Perform background and employment history checks for any new employees hired as a result of staff turnover associated with the closure.	<input type="checkbox"/>
Thank your team often, and have ad hoc staff meetings to check on your staff.	<input type="checkbox"/>

<i>Biomedical and Supply Management</i>	
Check for outdated supplies and medications (including sample medications), and discard as necessary.	<input type="checkbox"/>
Verify that you have sufficient supplies and medications, either in the practice or readily available to care for your patients: <ul style="list-style-type: none"> • Be prepared for shortages and delays in supply deliveries. • Begin to create a stockpile of emergency supplies and establish a rotation schedule. 	<input type="checkbox"/>
Verify that all biomedical equipment inspections are up to date (e.g., automated external defibrillators, diagnostic equipment, radiological equipment, etc.).	<input type="checkbox"/>
Verify the location of any loaned equipment and the expected date of return.	<input type="checkbox"/>
Review settings on refrigerators used to store medications and testing supplies. Confirm the temperatures have not registered outside the normal recommended range for proper storage.	<input type="checkbox"/>
Ensure sufficient supplies of soap, alcohol-based rub, and paper towels are available for reception, waiting areas, patient care areas, and restrooms.	<input type="checkbox"/>
Be suspicious of any offers of PPE, testing, and medication discounts for bulk or group purchase due to fraudulent actors trying to take advantage of the crisis and its aftermath.	<input type="checkbox"/>
<i>Insurance and Business Continuity</i>	
Reinstate any professional liability, general liability, or other relevant business insurance policies and programs that were suspended during the closure.	<input type="checkbox"/>
Verify that clinical employees who have their own professional liability coverage have not let it lapse during the closure.	<input type="checkbox"/>
With assistance of legal counsel, evaluate and update all contracts for appropriate changes based on lessons learned from pandemic-related issues.	<input type="checkbox"/>
Evaluate your practice's tax return preparation status.	<input type="checkbox"/>

Determine whether billing procedures for health insurance plans you accept have changed during your closure. These may be routine changes or changes associated with government mandates during the pandemic. Educate staff as needed.	<input type="checkbox"/>
Consider completing a risk management self-assessment.	<input type="checkbox"/>
Resuming Patient Care	
Communication/Continuity of Care	
Update your patient portal, website, email, and other communication modes to alert patients that the practice has reopened. Have patients call for appointments to inform initial staffing needs and hours. Depending on need, consider: <ul style="list-style-type: none"> • Shorter hours. • Longer appointment times. • Weekend hours. • Evening hours. 	<input type="checkbox"/>
Verify with your answering service that all calls/messages have been communicated to the practice. Ensure outgoing messages reflect that the practice is open again and include any changes to office hours.	<input type="checkbox"/>
Prioritize the backlog of patients based on the nature of their condition or need. For example, consider whether any patients: <ul style="list-style-type: none"> • Were hospitalized during the pandemic (for any reason). • Have high-risk conditions that make them a priority. • Had telehealth appointments during the closure that helped address their care needs. 	<input type="checkbox"/>
Determine whether you need to reschedule patients for annual physicals or other routine care to help accommodate patients who have more urgent needs.	<input type="checkbox"/>
Acknowledge patient deaths that occurred due to any cause (including COVID-19). <ul style="list-style-type: none"> • Update all patient health records as needed. • Understand the emotional impact on patients' families, especially if they were not able to see a loved one during his/her last days or attend the funeral. 	<input type="checkbox"/>

<p>Consider a general screening process for patients coming to the office with potentially infectious conditions (e.g., those who have flu-like symptoms):</p> <ul style="list-style-type: none"> • Post signage in appropriate languages at the entrance of the office to instruct patients with respiratory symptoms and/or fever to notify staff immediately via telephone before entering the office. • Consider how the practice will ensure social distancing. 	<input type="checkbox"/>
<p>Follow up on labs, films, tests, and specialist referrals made prior to the closure, results received while office operations were suspended, or services provided via telehealth:</p> <ul style="list-style-type: none"> • Ensure that patients completed, or are in the process of completing, studies. • Review lab work that arrived via EHR or other communication mode for critical or urgent follow-up issues. • Review patients for recent hospitalizations and discharge summaries that arrived via EHR, mail, or other communication mode. 	<input type="checkbox"/>
<p>Determine how best to handle uninsured/previously insured patients. Create a plan to avoid abandonment:</p> <ul style="list-style-type: none"> • If you plan to see them and bill them, consider at what rate. • If you do not plan to see them, ensure you are not violating any contractual or legal obligations by discharging patients. Consult legal counsel related to applicable federal and state laws. • Consider the patient’s clinical status. Terminating a relationship at a critical junction in care is not advised. • Develop a process for providing written notification to patients regarding discharge from the practice. 	<input type="checkbox"/>
<p>Telehealth</p>	
<p>If you used telehealth during the crisis, consider whether you should continue these services following the pandemic.</p>	<input type="checkbox"/>
<p>Consider whether the practice should still offer telehealth in light of the anticipated return to stricter guidelines (e.g., requiring HIPAA-compliant platforms).</p>	<input type="checkbox"/>

If you plan to continue offering telehealth services on a new platform, determine whether a new patient agreement/consent is necessary. If yes, consider the terms of the agreement, including information about when a virtual visit is appropriate and when an in-person visit is required.	<input type="checkbox"/>
Review state and federal telehealth laws and regulations, telehealth billing guidelines, and risk management considerations for telehealth .	<input type="checkbox"/>
Documentation	
Thoroughly document your pandemic circumstances, decisions, and any actions taken to ensure patient care and patient/staff safety.	<input type="checkbox"/>
If you had limited or no access to your EHR system during your office closure, add any notes to patients' records that were not entered. You may be able to accomplish this by scanning your handwritten notes or emailing those notes into your EHR system.	<input type="checkbox"/>
In light of the pandemic, review health records to determine if patients have executed advanced directives. If not, encourage patients to do so.	<input type="checkbox"/>
Reorient staff to your practice's documentation policies and privacy/confidentiality protocols.	<input type="checkbox"/>
Resume your normal documentation practices, as any immunity associated with the COVID-19 response is likely no longer in place.	<input type="checkbox"/>

This document should not be construed as medical or legal advice. Because the facts applicable to your situation may vary, or the laws applicable in your jurisdiction may differ, please contact your attorney or other professional advisors if you have any questions related to your legal or medical obligations or rights, state or federal laws, contract interpretation, or other legal questions.

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